

Cotton Buddies Nursery Menu

Breakfast: is served between 8am to 8:30am. This includes a choice of cereal with cold milk

AM snack is served between 10am to 11am. This includes fruit, breadsticks, crackers, biscuits, milk and water

Lunch: is served between 11:30am to 12:30pm

PM snack is served between 2pm to 3pm. This includes fruit, breadsticks, crackers, biscuits, milk and water

Tea: is served between 4pm and 5pm

Lunch Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Pork/Quorn Toad in the hole, peas and gravy Apple crumble and custard	Vegetable pasta bake with cheese Fruit yoghurt	Fish/vegetable fingers, spaghetti hoops, wedges Rice pudding	Meatballs/Quorn balls with rice Fruit yoghurt	Jacket potato with baked beans and cheese Mixed fresh fruit
Week 2	Chicken/Soya potato curry with rice and naan bread Custard and banana	Quorn/Lamb Bolognese with spaghetti and vegetables Fruit muffins	Pork casserole with vegetables and dumplings Fruit yoghurt	Vegetable pasta in tomato sauce with garlic bread Mixed fresh fruit	Vegetable pizza with wedges and baked beans Fruit yoghurt
Week 3	Stir fry noodles with vegetables Fruit muffins	Jacket potato with baked beans and cheese Rice pudding	Chicken and vegetable Korma served with rice Fruit yoghurt	Fisherman's pie with peas Mixed fresh fruit	Pork/Quorn sausages, mash potato, peas, gravy Fruit yoghurt
Week 4	Chilli corn carne served with rice Fruit muffins	Vegetable pasta bake with cheese and garlic bread Fruit yoghurt	Chicken/Quorn curry with naan bread and rice Mixed fresh fruit	Jacket potato with Baked beans and cheese Rice pudding	Fish/vegetable fingers, spaghetti hoops, potato wedges Fruit yoghurt

Teatime Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Margarita pizza slice	Mixed sandwiches made by children	Crumpets and lemon curd	Baked beans on toast	Mini pancakes
Week 2	Spaghetti hoops on toast	Mini pancakes	Mixed sandwiches made by children	Sausage/cheese and onion rolls	Crumpets with cheese and apple slices
Week 3	Baked beans on toast	Warm soup with roll	Mini vegetable pizza	Mixed sandwiches	Teacakes or fruit scones
Week 4	Waffles and baked beans	Mixed sandwiches made by children	Garlic bread	Crumpets with lemon curd and jam	Cheese on toast

Water is available throughout the day and milk is available at snack times. Fresh fruit is always available as an alternative to pudding. A vegetarian option is provided for children who do not eat meat or fish.